

## Welcome to Term 6.

Can you believe we have just started the final term for this school year? It's always a busy term and let's hope it remains sunny so we can have lots of outside play.

The Children moving on to Primary School in September are getting themselves ready for the next big adventure in their lives. The transition to 'big school' this year is going to be very similar to last year. Mrs Ede, Miss Rivett, Pam and Louise have arranged a few visits. We have already introduced ourselves and have been able to play outside in the Foundation Stage play area. Mrs Ede arranged for us to walk around the classroom and get to know the new environment whilst her class were playing outside. We have kept to restriction guidelines at all times. For the children moving onto a different School Louise is already contacting their new teachers to arrange their transition.

Term 6 finishes Thursday 22<sup>nd</sup> July at 12 noon and we return on Thursday 2<sup>nd</sup> September.

## A Few Polite Reminders

- Please remember either side of Pre School is a car park and at times quite busy.
  - Only use mobile phones outside the Pre School gates.
- In red bags please provide plenty of changes of clothes and a sun hat, we hope to have lots of outside play and water play.
  - Sun cream to be applied before arrival, we will reapply during the session.
- The wooden table and chairs in the car park do not belong to Pre School, however it is old and broken so please do not allow your child to play near it. We will ask the owner to remove it.

## Snacks and Packed Lunch

Please provide a healthy snack (fruit, veg, crackers, cheese or healthy snack bars) in a labelled box or bag. One for morning snack and one for the afternoon snack if required. This would make it easier for your child to decide what they can eat and when. This is another area where we encourage independence and quite often before we realise they have eaten most of the contents in their lunch box!

Also, please provide a healthy lunch. The children only have little tummies so they only require appropriately sized portions. As a guide line, and this applies to adults as well, a suggested portion is 'your palm size portion of protein (meat, cheese or vegetarian option) Your fist size of carbohydrates, such as bread, potato, rice or pasta, small Fromage Frais or yoghurt and fruit and vegetables to make up your 7 a day. If you would like any advice on an ideal packed lunch please talk to a member of staff or explore 'Change4life' [www.nhs.uk/change4life](http://www.nhs.uk/change4life) It has been really helpful in the past, and they sometimes send money off vouchers!

Please remember we have children with food allergies so therefore we are a

Tree nut, Peanut, Pine nut and Sesame free zone please check ingredients, some are often hidden.

Only water in water bottles, small cartons of juice are acceptable for lunch time only.

## Holiday Club

We will be running a 'Summer Holiday Club' for 2 weeks again this year. Mon 26<sup>th</sup> July-6<sup>th</sup> August. 9am-5:30 and we are offering full and half days.

All enquiries to Zena Rozee Tel: 01993 898012 Email: stonesfieldpsad@outlook.com

Stonesfield  
Pre-School & Daycare